


RENAL FROZEN SUPPER

JUNE 2023

For meal cancellations/questions about your meals, please call the Nutrition Dept. at 413-538-9020 by NOON the business day before.



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
MENUS SUBJECT TO CHANGE WITHOUT NOTICE. Weekend meals are provided to authorized clients only. Renal meals: 560 mg sodium, restricted in potassium and phosphorus						1 Twisted Mac & Cheese Carrots Side Dessert: Canned Pears Light White Bread Cranberry Juice Sodium 498		2 Garden Scrambled Egg Potatoes, Cranberry Apples Side Dessert: SF Sugar Cookie Light White Bread Cranberry Juice Sodium 590		3 Chicken Marsala Butternut Squash, Green Beans Side Dessert: Peaches Light White Bread Cranberry Juice Sodium 416		4 Chicken with Gravy Potatoes, Brussels Sprouts Side Dessert: SF Lemon Cookie Light White Bread Grape Juice Sodium 440	
5 Thai Ginger Curry Chicken Green Beans, Carrots Side Dessert: Applesauce Light White Bread Cranberry Juice Sodium 312		6 Meatballs & Cavatappi Broccoli Side Dessert: SF Choc. Chip Ckie. Light White Bread Grape Juice Sodium 319		7 Three Cheese Macaroni Green Beans, Carrots Side Dessert: SF Choc. Chip Ckie Light White Bread Cranberry Juice Sodium 522		8 Omelet Potatoes, Fruited Granola Side Dessert: Canned Peaches Light White Bread Apple Juice Sodium 511		9 Twisted Mac & Cheese Carrots Side Dessert: Canned Pears Light White Bread Cranberry Juice Sodium 498		10 Garden Scrambled Egg Potatoes, Cranberry Apples Side Dessert: SF Sugar Cookie Light White Bread Cranberry Juice Sodium 590		11 Chicken Marsala Butternut Squash, Green Beans Side Dessert: Peaches Light White Bread Cranberry Juice Sodium 416	
12 Chicken with Gravy Potatoes, Brussels Sprouts Side Dessert: SF Lemon Cookie Light White Bread Grape Juice Sodium 440		13 Thai Ginger Curry Chicken Green Beans, Carrots Side Dessert: Applesauce Light White Bread Cranberry Juice Sodium 312		14 Meatballs & Cavatappi Broccoli Side Dessert: SF Choc. Chip Ckie. Light White Bread Grape Juice Sodium 319		15 Three Cheese Macaroni Green Beans, Carrots Side Dessert: SF Choc. Chip Ckie Light White Bread Cranberry Juice Sodium 522		16 Omelet Potatoes, Fruited Granola Side Dessert: Canned Peaches Light White Bread Apple Juice Sodium 511		17 Twisted Mac & Cheese Carrots Side Dessert: Canned Pears Light White Bread Cranberry Juice Sodium 498		18 Garden Scrambled Egg Potatoes, Cranberry Apples Side Dessert: SF Sugar Cookie Light White Bread Cranberry Juice Sodium 590	
19 NO MEAL SERVICE 		20 Chicken with Gravy Potatoes, Brussels Sprouts Side Dessert: SF Lemon Cookie Light White Bread Grape Juice Sodium 440		21 Thai Ginger Curry Chicken Green Beans, Carrots Side Dessert: Applesauce Light White Bread Cranberry Juice Sodium 312		22 Meatballs & Cavatappi Broccoli Side Dessert: SF Choc. Chip Ckie. Light White Bread Grape Juice Sodium 319		23 Three Cheese Macaroni Green Beans, Carrots Side Dessert: SF Choc. Chip Ckie Light White Bread Cranberry Juice Sodium 522		24 Omelet Potatoes, Fruited Granola Side Dessert: Canned Peaches Light White Bread Apple Juice Sodium 511		25 Twisted Mac & Cheese Carrots Side Dessert: Canned Pears Light White Bread Cranberry Juice Sodium 498	
26 Garden Scrambled Egg Potatoes, Cranberry Apples Side Dessert: SF Sugar Cookie Light White Bread Cranberry Juice Sodium 590		27 Chicken Marsala Butternut Squash, Green Beans Side Dessert: Peaches Light White Bread Cranberry Juice Sodium 416		28 Chicken with Gravy Potatoes, Brussels Sprouts Side Dessert: SF Lemon Cookie Light White Bread Grape Juice Sodium 440		29 Thai Ginger Curry Chicken Green Beans, Carrots Side Dessert: Applesauce Light White Bread Cranberry Juice Sodium 312		30 Meatballs & Cavatappi Broccoli Side Dessert: SF Choc. Chip Ckie. Light White Bread Grape Juice Sodium 319		JULY 1 Three Cheese Macaroni Green Beans, Carrots Side Dessert: SF Choc. Chip Ckie Light White Bread Cranberry Juice Sodium 522		JULY 2 Omelet Potatoes, Fruited Granola Side Dessert: Canned Peaches Light White Bread Apple Juice Sodium 511	